

Autism Navigator[®] How-To Guide for Families

Online Guided Tour — for families of toddlers under 2



The *How-To Guide (H2G) Online Guided Tour* is for families who suspect their toddler has ASD to help you support your child's development and learning. You are invited to participate in 24 weekly online, hour-long guided discussions over 6 months. We are bringing this *Guided Tour* to you wherever you are.

The *H2G Guided Tour* is for families with toddlers under 2 who are enrolled in the *Autism Navigator How-To Guide for Families*, which is a 12-hour, self-guided web-based course. A team of professionals will be your tour guide to walk you through each weekly online meeting. The *H2G Guided Tour* serves as a companion to the *How-To Guide for Families* web-based course — almost like a book club but more interactive. Families will see how the early signs of autism can impact their child's development. They will practice using intervention strategies in everyday activities to support their child's learning.

What will families get from *H2G Guided Tour*?

H2G Guided Tour is about connecting with other families, exchanging ideas and tips, and getting tools and training on how to support your child's learning and development. You will have an opportunity to meet other families with toddlers who also show early red flags of ASD. By using video technology, it will feel like you are face-to-face with other families as you go through this journey together. During the weekly discussions, your tour guide will lead you through course content and provide opportunities for you to share information, ask questions, and practice what you are learning in the *How-To Guide*. *You can participate from your smartphone, tablet, or computer.*

Whether families suspect their child has ASD or are in the process of getting a diagnosis, the *How-To Guide for Families* online course, combined with the *Guided Tour*, provide the information and support you need to practice using intervention strategies to help your child. Families enjoy the weekly interaction and often stay in touch with other families they meet in the *Guided Tour*. When families are equipped with the tools and training they need, they are better able to support their child's success in school.



Who can participate in *H2G Guided Tour*?

H2G Guided Tour is offered to one or two primary caregivers per family — parents, grandparents, other family members, and guardians — who have toddlers under 2. Space is limited to up to 12 families per group. Families need to be enrolled in *Autism Navigator How-To Guide for Families* course in order to attend *H2G Guided Tour* and we ask that you participate as much as you can from start to finish. For more information about *Autism Navigator How-To Guide for Families* course, go to www.AutismNavigator.com.

What are the Weekly Topics?

For the first 3 months, the weekly topics for *H2G Guided Tour* are organized around content in the *How-To Guide* online course:

- Week 1: Social Communication Milestones
- Week 2: Impact of Autism on Development and Collaborating with Your Care Team
- Week 3: The Home Field Advantage—Supporting Learning in Everyday Activities
- Week 4: Priority Targets for Your Child—Step 1 is Coming Together
- Week 5: Supports for a Shared Agenda with Your Child
- Week 6: Priority Targets for Your Child—Step 2 is Keeping Together
- Week 7: Supports to Help Your Child Keep the Interaction Going
- Week 8: Priority Targets for Your Child—Step 3 is Working Together
- Week 9: Supports to Teach Your Child Better Skills
- Week 10: The “Not So” Terrible Twos and Managing Challenging Behaviors
- Week 11: Putting it all Together
- Week 12: Keeping an Eye on Progress



For Weeks 13 to 24 over the next 3 months, topics are driven by families with guided discussions on what you are practicing each week, and opportunities to share video clips.

How do I access *H2G Guided Tour*?

Families can access *H2G Guided Tour* from their smartphone, tablet, or computer. It doesn't matter which platform you use, but good connectivity to the Internet is important. The better the connectivity, the easier it will be to conference in and watch videos with the group. We have a friendly team on hand to provide technical support as needed. We can offer a limited number of devices and Internet service for families in need. Contact us to find out more.

How do I enroll in *H2G Guided Tour*?

Reserve your seat in the online Guided Tour by completing the online application form to register.

[Click here to register](#)

It Takes a Team to Support Families

Autism Navigator interactive online platform maximizes the use of technology to bring evidence-based practice to families and communities at a critical window of opportunity. Go to www.AutismNavigator.com to learn more about our courses and family resources.